

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Cafeteria Information
11/28/22	11/29/22	11/30/22	12/1/22	12/2/22	<b>Breakfast</b>
Cereal Bar (6-12th Cereal Choice), Mozz Cheese Stick, Fruit Cup, 100% Fruit Juice Variety, Milk Variety	Egg Omelet, Apple Frudel , Fruit Cocktail, 100% Fruit Juice Variety, Milk Variety	Muffin Choice, Yogurt, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety	Maple Pancakes, Sausage Links, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	Breakfast Burrito, Sliced Pears, 100% Fruit Juice Variety, Milk Variety	<b>Breakfast</b> <b>Choice of one Entrée</b> Item Featured on Menu OR Cereal, Cereal Bar w/ Cheese Stick <b>Choose One Side</b> Assorted Fruits <b>Choose One</b> White or Chocolate Milk
12/5/22	12/6/22	12/7/22	12/8/22	12/9/22	<b>Lunch</b>
Cereal Bar (6-12th Cereal Choice), Mozz Cheese Stick, Fruit Cup, 100% Fruit Juice Variety, Milk Variety	French Toast Sticks w/ Syrup , Sausage Patty, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	Scrambled Egg & Bacon Breakfast Pizza, Mandarin Oranges, 100% Fruit Juice Variety, Milk Variety	Breakfast Tornado, Fruit Cocktail, 100% Fruit Juice Variety, Milk Variet	Ultimate Breakfast Round, Yogurt, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety	<b>RVH Lunch</b> Students must select at least one fruit or vegetable and two other menu items. Students may select all of the items on the featured menu. *
12/12/22	12/13/22	12/14/22	12/15/22	12/16/22	<b>GMS / GHS Lunch</b>
Cereal Bar (6-12th Cereal Choice), Mozz Cheese Stick, Fruit Cup, 100% Fruit Juice Variety, Milk Variety	Breakfast Crispito, Fruit Cocktail, 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety	Breakfast Combo Bar (Hashbrown, Ham & Cheese), Banana Bread Sliced Pineapple, 100% Fruit Juice Variety, Milk Variety	Blueberry Waffles w/ Syrup, Yogurt, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	<b>Choice of one Entrée</b> <b>Main Line</b> - Select one Entrée from Featured Menu. <b>Alt. Line</b> - Rotates Daily (Choice of Chicken Sandwich, Trojan Burger, Pizza, BBQ Rib on a Bun or Crispitos) <b>Cold Deli Line - All items Offered Daily:</b> Chef Salad Strawberry or Blueberry Yogurt Parfait Cubed Cheese, Grape & Cracker Cups Ham or Turkey Sandwich w/ Doritos *
12/19/22	12/20/22	12/21/22	12/22/22	12/23/22	
<b>Christmas Break</b>					
12/26/22	12/27/22	12/28/22	12/29/22	12/30/22	
<b>Choose up to Three Sides</b> Side Salad, Assorted Fresh Fruit, Assorted Canned Fruit, Featured Vegetables, Grains & Desserts *					
This Menu is Subject to Change Without Notice					